



Macon County  
Public Health

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# Press Release

## Upcoming Holiday Service Delivery at Macon County Public Health

Due to upcoming holidays, Macon County Public Health will NOT be conducting COVID-19 testing the weeks of Thanksgiving (11/23/20-11/27/20) and Christmas (12/21/20-12/25/20).

For those who are asymptomatic, and believe they have been exposed to COVID-19, are recommended to follow CDC and NCDHHS guidance of quarantining for 14 days after exposure. Those who have been exposed and are experiencing symptoms should reach out to their primary care provider or seek emergency help.

For other testing sites in the area, you can visit: <https://covid19.ncdhhs.gov/about-covid-19/testing/find-my-testing-place>.

The entire state of North Carolina is under a “Safer at Home” executive order, currently under phase 3 with masks required to be worn when social distancing cannot be maintained. Older adults and people of any age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19; however, anyone of any age can become infected with this illness. Therefore, we ask that community members **strictly follow** the governor’s orders and continue to practice **social distancing**, as well as safe hygiene measures such as hand washing and frequently cleaning touched objects and surfaces. The public can monitor the different phases of re-opening and learn more about the restrictions at <https://covid19.ncdhhs.gov/guidance>.

It is important to make sure the information you are getting about COVID-19 is coming directly from reliable sources. For more information, please visit the CDC’s website at [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus) and NCDHHS’ website at [www.ncdhhs.gov/coronavirus](http://www.ncdhhs.gov/coronavirus), which also includes future positive COVID-19 test results in North Carolina.

MCPH regularly updates our Facebook page with accurate and current information regarding COVID-19; we encourage the public to check our Facebook page, [www.facebook.com/MaconPublicHealth](http://www.facebook.com/MaconPublicHealth) for up-to-date information.

Symptoms for COVID-19 are fever, cough, other lower respiratory illness (shortness of breath). If you believe that you may have COVID-19, please call the Health Department at 828-349-2517. The call center is open Monday through Friday from 8:30am – 4:00pm, closing daily for lunch from 12:00pm-1:00pm, until further notice.

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